

## Which community programs can I apply to with The Access Point application form?

416 Community Supports for Women  
Accommodation Information & Support  
Across Boundaries  
Across Boundaries – Y-Connect  
Alternatives  
Bayview Community Services  
Canadian Mental Health Association Toronto  
Centre for Addiction and Mental Health  
Central Toronto Youth Services  
Chai Tikvah Foundation  
Community Outreach Services  
COPA  
Cota  
Community Resource Connections of Toronto  
Eden Community Homes  
Fred Victor Centre  
Fife House  
George Herman House  
Good Shepherd Non-Profit Homes  
Habitat Services  
Hong Fook Mental Health Association  
House of Compassion  
Houselink Community Homes  
Jean Tweed Centre  
John Howard Society  
LOFT Community Services  
Madison Community Services  
Mainstay Housing  
Margaret's Housing and Community Supports  
Mt. Sinai Hospital  
North York General Hospital  
Parkdale Activity-Recreation Centre - PARC  
Pilot Place Society  
Progress Place  
Reconnect Mental Health Services  
Regeneration Community Services  
Rouge Valley Health System  
Sound Times  
St. Joseph's Health Centre  
St. Jude Community Homes  
St. Michael's Hospital  
St. Stephen's Community House  
Street Haven at the Crossroads  
Sunnybrook Hospital  
The Scarborough Hospital  
Toronto Community Addictions Team - TCAT  
Toronto East General Hospital  
Toronto North Support Services  
University Health Network  
West Neighbourhood House  
WoodGreen Community Services  
YWCA Toronto

## How do I apply?

You can apply for individual mental health and addiction support services, and/or supportive housing online or using a paper application form. If you have access to a computer and internet, you can visit our website at [www.theaccesspoint.ca](http://www.theaccesspoint.ca) and submit your application online or download a paper application form. You can also call our office directly at 416-640-1934 to have one of our Service Navigators assist you.

## How can I contact The Access Point?

### The Access Point

661 Yonge Street, 4th floor  
Toronto, ON M4Y 1Z9

Local Telephone: 416-640-1934

Toll-free call: 1-888-640-1934

Fax: 416-499-9716

[www.theaccesspoint.ca](http://www.theaccesspoint.ca)

# Mental health and addiction support

Coordinated access to mental health, addictions and supportive housing providers within our community.

**Nous avons également des services disponibles en français**



**The Access Point**  
The Toronto Mental Health and  
Addictions Access Point

The Toronto Mental Health and Addictions Access Point (known as The Access Point) helps you connect to individual mental health and addiction support services, and supportive housing in Toronto. The Access Point provides coordinated access to a number of mental health, addictions and supportive housing service provider agencies through one application process.

### How does it work?

The Access Point office processes your application for services like Case Management, Assertive Community Treatment and Supportive Housing. Once you've sent your application in, you will be contacted to discuss your eligibility for the services and what your goals and needs are. If you are eligible, you will be placed on the waitlist. The Access Point follows your application until you are connected with a service provider agency.

### Who is eligible for The Access Point?

The Access Point provides coordinated access to mental health and addictions Case Management, Assertive Community Treatment Team services and Supportive Housing to individuals who:

- are 16 years of age or older
- have mental health and /or addictions problems that are seriously affecting their lives
- live in, or plan to live in, The Access Point boundaries, which are Port Union Road to Highway 427 and Steeles Ave. to the lake.

### What are the services available?

#### Individual Support Services

##### *Intensive Case Management*

People with serious mental illness and/or addictions are provided with supports and assistance to live in the community and are helped to make changes in ways that are meaningful to them.

##### *Assertive Community Treatment Teams (ACTT)*

Multi-disciplinary teams provide treatment, rehabilitation and support to people with severe mental illness in their recovery. Applicant must have:

- Specific diagnosis with a priority for those experiencing psychosis
- History of hospitalizations - supporting hospital records are recommended
- A detailed explanation from the referral source in the "Reason for Referral" section regarding why the applicant needs ACTT services specifically

#### Supportive Housing

To apply for supportive housing, the applicant must be 16 years of age or older, have mental health and/or addictions concerns, qualify for a housing subsidy under the criteria set by the Ministry of Health, and must be willing to accept some level of support from the housing provider.

##### *Mental Health Supportive Housing Program*

Supportive housing for persons with mental health concerns including addictions. The Access Point facilitates linkages to supportive housing with various levels of support including shared housing such as group homes, boarding homes and rooming houses, as well as independent housing.

##### *Problematic Substance Use Program*

Supportive housing for persons with problematic substance use. The Access Point facilitates linkages to low support independent housing.

Applicant must also:

- have a severe and active substance use challenge
- be homeless or marginally housed
- be a high intensity service user of emergency departments, hospitals, withdrawal management and/or the justice system

##### *Mental Health and Justice Program*

Mental Health and Justice Supportive Housing Program. The Access Point facilitates linkages to low support independent housing.

Applicant must also:

- be homeless or at immediate risk of homelessness
- have current involvement with the Criminal Justice system at time of housing intake
- be referred by a priority referral source such as various professionals working in the justice system